

Guest Speaker Michael Kendall

“ The power to control your life is in your mind”

Michael has been a high school teacher and musician .
He has been a hypnotist fro 24 yrs and recently returned fro the USA where he did an advanced course in hypnosis.

Currently Michael presents at medical forums where he contributes educational material for General Practitioners accreditation for their Continuing Professional Development.

His subject tonight is to speak about the power of the mind and to remind us that we are all capable of greater things than we really realize.

When Michael was 34 he was desperate to give up smoking so he saw a retired G.P. who cured him of the habit through hypnotism. Mike was so impressed he asked the doctor to teach him about hypnosis and so began his career.

Hypnosis is an extremely useful tool to sneak messages into our sub-conscious minds. It works best for intelligent, imaginative people

As an example of the power of suggestion Mike selected 5 people to assist in a demonstration. He used Keri, Mike, Ken & visitor Linda to lift Linda’s husband Peter who weighed about 78kg by using just 2 fingers each. As you can see by the cover photo they did!!!!!!!

Funny thing is SHAME

Billy was at school this morning and the teacher asked all the children what their fathers did for a living. All the typical answers came out but Billy was being uncharacteristically quiet and so the teacher asked him about his father.

“My father is an exotic dancer in a gay club and takes off all his clothes in front of other men.” The teacher quickly set the other children some work and took Billy aside to ask him if that was really true.

“No “said Billy, “He plays cricket for England but I was too embarrassed to say.”

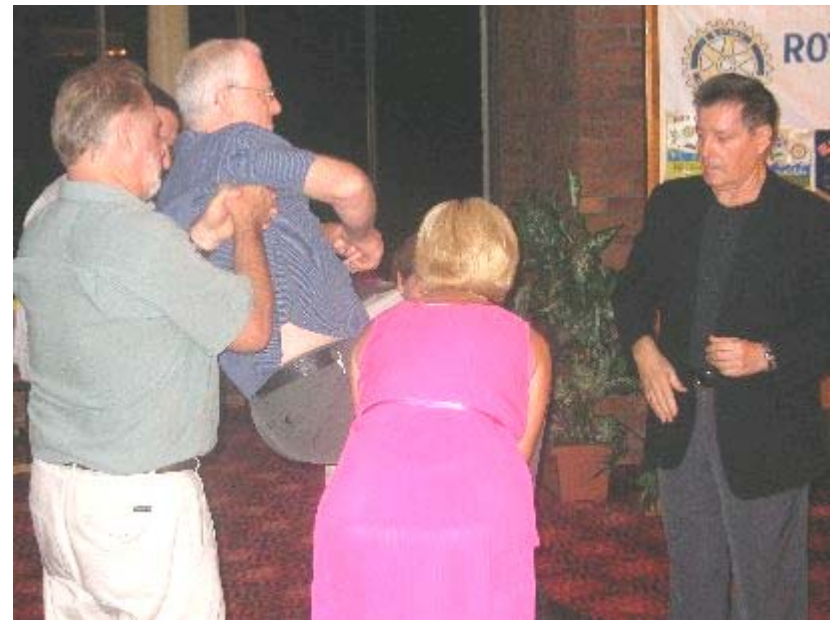
The FULCRUM

The Rotary Club of
Padstow, Inc.

www.padstowrotary.org.au



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PROGRAMME 2007

06 th February	Norm Perry “Field of Dreams”
09 th February	Presidents Meeting. Resolutions Meeting
10 th February	Panania Village Markets
13 th February	Club Assembly
19 th February	Board Meeting
20 th February	Megan Condie Seimens Science
27 th February	Ivan Glover “Oranges”

Partners Welcome at all Meetings

The Rotary Club of *Padstow* Inc

Notes from meeting held 30th January 2007

President - Keith Roffey.

- Many thanks to Barry McConville for chairing last weeks meeting
- The PACE Concert was a great success.
- Australia Day BBQ was a fun day and we sold out of everything but drinks, we even sold leftover Glowstix from the Carols.
- Minutes of board meeting held 22nd January 2007 distributed.
- Some monies still outstanding for Race Day.
- The G.S.E. Alumni Dinner will be held at Springwood & District Community Club 6: pm for 6:30pm on 26th February .Cost \$35 . The Inbound GSE Team from North Carolina will give their Presentation as well as the Outbound Team.
- A suggestion has been put forward that a PHF be presented to a worthy recipient from the Community as part of our 50th Celebrations. A list of names would be appreciated.
- Jaya Russell's bedroom needs a working bee – details to come soon.
- The proceeds of the Charity Golf Day will be shared between "The Sarah Hilt Trust" and Caroline Chisholm Special School.
- Conference accommodation deposits have been sent to "Noah's on the Beach" Newcastle.

Thought for the Week

Minds are like parachutes, they only function when they are open.

(Sir Thomas Robert Dewar.)

- **Directors Reports**
- **Secretary Kaye Townsend**

Letter of thanks received from Dynaweld P/L for donation of R.O.K. kits to the Exodus Foundation. They were used as Christmas Gifts. ... To date 5000 kits have been distributed.

- **Treasurer – Ken Mc Millan for Tony Blazek Community**

Tony is picking up Klara from the airport after her visit to W.A.

Thanks to all who helped with the Australia day BBQ. Income was \$5070 and after expenses we made \$2561 . Quite a few drinks were left over for the next time. Kaye & Keith were swamped by the crowd when they sold the leftover "Glowstix". (Keith – perhaps we can obtain permission from Council to sell "Glowstix" at next Years function.)

- **International/ TRF.**

As already noted Klara had a great time in WA.

- **Vocation/ Membership Terry Martin.**

Booklets available for "Pride of Workmanship" also we require some names of suitable applicants.

- **Youth Cliff Dailey.**

Ryan Monk has confirmed 13th March for his report on RYLA.

- **General Business**

Charles Garcia. - Sponsors & goods required fro Golf day only 6 weeks away.

Keith Roffey. - This is a major fund raiser for our 50th Year so we all need to give it our support.

Barry Mc Conville - Names and addresses are still required of anyone who has been associated with the club of the past 50 year so that we can advise them of the coming celebrations

Frank Katalinic Thanks to the Club for flowers and expression of sympathy sent on the passing of his mother.

Resolutions to vote on by members are on the Web.

Attendance and Welfare – Kevin Bouffler

- Attendance 30/38 or 78.94%
- Makeup's – Warren & Sharon Bond , Garry Metcalfe
- Apologies- Maurie Abbott, Tony Blazek, Colin Duff ,David Edmunds ,Geoff Hayman, Melinda Heywood, Bryce Steep and Alex Thomas.